



PramaLIFE
Age friendly communities

Are you an unpaid carer for a member of your family or a friend in the Blandford and Blackmore Vale area?

PramaLife and Dorset Council would like to invite you to a consultation during **Carers Week in June 2022**, so that you can tell us about your experiences as a carer and discuss with us, and fellow carers what support could help you. You can come to either one of the following meetings: 19:00-20:30 on **Wednesday 8 June** at Stour Connect, Stour View Close, Sturminster Newton DT10 1JF or 12:00-13:30 on **Thursday 9 June** at The Parish Centre, The Tabernacle, Blandford Forum, Dorset DT11 7DW

We know that in other areas carers support groups which enable carers to provide peer support to each other, as well as hearing about what other support is available are popular. It might also be that you want more **one to one support** or something completely different. Please come along and tell us what would help you.

We are particularly interested in talking with carers from the **Blandford and Blackmore Vale areas**, including Shaftesbury, Gillingham, Sturminster Newton and Stalbridge. Refreshments will be provided. Can you advise us please whether you have any access needs; both **venues are accessible** to people with sight, hearing and physical disabilities. You and the cared for person are welcome at the two events.



Dorset
Council



For more information please contact:
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