



Mon	Tue	Wed	Thu	Fri
<b>SUMMER TERM BEGINS</b>	<b>10 Strengths Standard Webinar</b> 1:30-2:30pm	<b>11 Self Management Face to Face Weymouth</b> 10:30am-1:00pm	<b>12 Managing Mood Enhanced Webinar – Part 1</b> 10:30am-12:00 Midday	<b>13 Early Warning Signs Face to Face Boscombe</b> 10:30am -1:00pm
<b>16 Self Compassion Enhanced Webinar</b> 1:30-2:45pm	<b>17 Introduction to Webinars</b> 10:30-11:30am <b>Recovery Standard Webinar</b> 1:30-2:30pm	<b>18 Values Face to Face Poole</b> 10:30am-1:00pm	<b>19 Managing Mood Enhanced Webinar – Part 2</b> 10:30am-12:00 Midday	<b>20 Peer Support Toolkit Face to Face Shaftesbury</b> 10:30am-2:00pm
<b>23 Sleep Standard Webinar</b> 1:30-2:30pm	<b>24 Depression Enhanced Webinar</b> 1:30-2:45pm	<b>25 Anxiety Face to Face Bournemouth</b> 1:30-4:00pm	<b>26 Unusual Experiences Standard Webinar</b> 10:30-11:30am	<b>27</b>
<b>30</b>	<b>31 Dissociation Face to Face Dorchester</b> 10:00am-4:00pm	<b>Our June &amp; July 2022 learning timetable will be available soon.</b>		

To book onto any webinars or face to face courses you need to be registered and enrolled with us. If you are already enrolled as a student and would like to access a course please contact us, and subject to availability we will be able to book you a space. For more information please contact the team on 01202 584478.

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