

Help For Mental Health



NORTHDORSET

www.mentalhealthnd.org

AND OVER THE BORDER IN WILTSHIRE AND SOMERSET

HOW CAN WE HELP?



URGENT HELP
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NATIONAL SUPPORT
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LOCAL SUPPORT AND SOCIAL ACTIVITIES
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RESOURCES AVAILABLE
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SHAFTESBURY

CAMPAIGNING,
VOLUNTEERING AND
LEARNING



GALLERY

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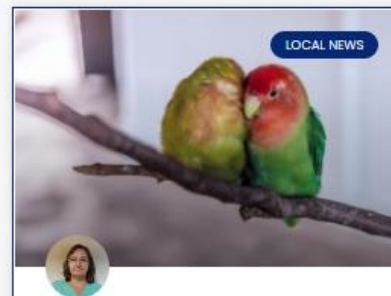


ZOOM PEER SUPPORT

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The Recovery Education Centre



COMPANIONSHIP

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