

WHO'S WHO IN SHAFTESBURY - HEALTH AND SOCIAL CARE DIRECTORY 2020

Benefit Advice

Citizens Advice Bureau at the Library , Wed 10 am - 1pm	0344 245 1291
Age Concern, 21 High Street, SP7 8JE	853966
Hope Projects, Longmead, Shaftesbury SP7 8PL, Mon- Thurs	851397
Open House, Father's House, Longmead, Every Tues 10 am - 2 pm	852994
Dorset Council	0345 034 4569
Healthy Homes Dorset	0300 003 7023

Bereavement

Drop-in, Bell Street United Church, 1st Saturday 12.30 pm	854631
Co-op Funeralcare Bereavement Counselling	858968

Care and Nursing Homes

Cedars Nursing Home, Angel Lane	852860
Castle Hill House Care Home, Bimport	854699
St Denis Lodge	854596
Hays House	830282

Care at Home

Wisteria Care, Wincombe Business Park, Unit 11	852107
Bramley Home Care 24b Wincombe Business Park	855844

Carers information

Carer's Surgery, Blackmore Vale Partnership	856700
Care Support Dorset	08003 688 349
"My Time", Shaftesbury Plus, Trinity Centre Tricuro, 3rd Tuesday 2 pm - 4 pm	854959
Rethink Carers' Support Group, Gillingham 2nd & 4th Wed - Mental Health	0743 679 0489
Adult Social Care, Dorset Council	01305 221016
Emergency Duty Service, out of hours, Dorset Council	01305 858250
Care Quality Commission	03000 616161
www.mylifemycare.com . www.carechoices.co.uk	

Chemists

Lloyds Pharmacy, Hawksdene Lane SP7 8DH	852086
Boots, 33 High Street SP7 8JE	852471
Superdrug (no pharmacist), 36 High Street	854209

Children - Services and Activities

Shaftesbury Children's Centre, Wincombe Lane	01305 224 310
Homestart North Dorset	01258 473 038
Home-start South Wiltshire	01980 676 237
Family Information Service, www.dorsetcouncil.gov.uk	
Little Giants Special Needs, at Shaftesbury Youth Club - Sats once a month	07919 403 084
Children's Clothes Exchange, Bell St United Church, Weds 9.30 am	852443
www.myfamilyourneeds.co.uk , for families with disabled children	

Councils

Dorset Council, see www.dorsetcouncil.gov.uk for department contact details	01258 454111
Shaftesbury Town Council, Town Hall, High Street SP7 8JE	852420
Wiltshire Council, see www.wiltshire.gov.uk	0300 456 0100

Dementia

Memory Support and Advisory Service	0300 123 1916
Dementia Friends Shaftesbury (07738 249069)	852710
Memory Café, RB Legion Hall, Coppice St, Tues frntly 10 - 12	07884 333 117

Dentists

Dorset Dental Helpline	0845 701 0401
Wiltshire Dental Helpline	0845 758 1926
R.G. Carnall, 21 Bell Street	852651
NHS Children and Emergency NHS - BUPA Dental Care, Gillingham	826222
BupaDental Care, Westfields, New Road,	852055
Ivy Cross Dental Surgery, 1 Grosvenor Road	898303

Disabled and Long Term Medical Conditions

NorDDis, 3 Newbury Court, Gillingham	821010
Disabled Living Foundation (DLF)	0300 999 0004

Elderly - Services and Activities

Age Concern UK - Gillingham and Shaftesbury, 21 High St, SP7 8JE	853966
Age Concern Pop-in, The Pavilions, St Martin's Lane	858218
Trinity Centre, Tricuro. Day centre, lunchclub and activities	854959
Age UK help at home support	01305 269 444
Cedars Castle Hill Day Room Service	854699

Equipment and Home Adaptations

Red Cross hire, Health Centre, Dykes Way, Wincanton BA9 9JB	01963 435 700
Freedom Mobility UK Ltd	829549
Dorset Accessible Homes Service	0333 003 0010
The Blandford Mi-Life Centre (Independent Living)	0333 777 3693
Dorchester Sight and Sound Centre	0333 003 0010

Farming Community Network (Kay Gardner)

01258 860 209

Food Banks

Open House at Father's House, Tues 10 am - 2 pm	852994
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Healthcare Services and Complementary Medicine

Integrated Community Rehab Team	475253
Help & Care Coaches and Link Workers (ask at Abbey View)	03033 030 153
Healthwatch Dorset	0300 111 0102

Physiotherapy

NHS Westminster Hospital	475261
Abbey View Physiotherapy, Abbey View Medical Centre	856719
Physio Centre, Guinea Court, 6 Bell street SP7 8AR	07596 477 222
Carole Buttling, Wingrove, Ludwell SP7 9ND	828645
Hydrotherapy Pool, Sturminster Newton	01258 920020

Osteopathy

Michael J H Brown, Edwards Farm, Foyle Hill (and Acupuncture)	855137
Alexander Gibbs, Edwards Farm, Foyle Hill	855137
Trinity Practice Osteopathy, Acupuncture, Herbal, Massage , 42 Bell St	851726
Shaftesbury Osteopathy Clinic, The Wincombe Centre SP7 9QJ (and Podiatry)	228081

Chiropractors

Shaftesbury Chiropractic Clinic, 1 Bimport, SP7 8AT	851455
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Massage

Sarah Junor, Sports & Swedish Massage, also Acupuncture	853162
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Foot Care Clinic

Jenny Franks S.R.N.	853162
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Pilates

Private and Semi-Private as well as Group	07940 961 221
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Hypnotherapy

Nikki Hutchinson, Flat 4, Saxon House, 21 Salisbury Street SP7 8EL 07799 137 378
Old Pain 2 Go, Dominique Shipstone 229664

Homeopathy

Alanda Becker, 7 Station Road SP7 9AN 07999 404 851
Blackmore Clinic of Homeopathy, 6 French Mill Rise SP7 8HS 853766

Acupuncture

Acupuncture Here, Oasis Dental Care, Westfields, New Road SP7 8QH 07809 156 925

Weight Loss

Slimming World, Royal Chase Hotel, Salisbury Rd SP7 8DB, 07927 345 808 and 07857 392 682

Cosmetic Treatments

The Fontmell Medical and Laser Clinic, Also **Private GP** 812718

Health Food and Supplements

Holland and Barrett, High Street 854232

Ears and Hearing Aids

Salisbury District Hospital Audiology Dept (GP Referral needed) 01722 429 336

Amplifon, Wincombe Business Park, SP7 9QJ, does **ear syringing** 01618 703 616

The Hearing Care Partnership, 12 Bell Street, SP7 8AR 898302

Abbey Hearing Centre, Gillingham - does **ear syringing** 470500

Hospice

Weldmar Hospicecare Trust 853007

Hospitals

Westminster Memorial Hospital, Abbey Walk SP7 8BD 851535

Salisbury District Hospital 01722 336 262

New Hall Hospital, Salisbury (NHS and Private) 01722 442 301

Yeovil District Hospital 01935 475 122

Poole Hospital 01202 665 511

Dorchester Hospital 01305 251 150

Yeatman Hospital, Sherborne 01935 813 991

Housing

Dorset Council - North Dorset Area Housing 01258 454 111

Open House (Advice) 852994

1st Point at HOPE (Advice) 1.30 - 3.30 pm Mondays 0330 123 2550

Signpost Housing Association, Blandford 01258 484 800

Butts Mead House SP7 8NP, King Alfred Housing Association 853128

The Pavilions, St Martin's Lane SP7 8PB 03005 000 926

Housing 21 H.A. John Shoobridge Court, 20 Bleke Street SP7 8QA 03701 924 000

Homefarris House Sheltered Housing, Bleke St SP7 8AU 851818

Abbeyfields Society Sheltered Housing, Bleke Street 854922

Young People's Supported Living 01305 789 028

Job Club

Lindlar Hall, Shaftesbury, Fridays 1.30 pm - 4 pm. 01202 262 300

Law

Rutters Free Family Law Clinic, 3 - 5 pm every 4th Monday 852377

Library, Bell Street SP7 8AE 852256

Medical Practices

Abbey View Medical Centre, Salisbury Road, SP7 8DH 856700

Fontmell Magna, West Street 856700

Mental Health Services

Community Mental Health Team (CMHT), Abbey View Medical Centre	856711
Community Front Room, Shaftesbury. For location and opening times:	Call Connection
Connection 24/7 helpline, direct help or signposting, can call NHS 111 or	03001 235 440
CAMHS (child and adolescent)	01305 762 513
Older Person Community Mental Health	475266
Steps to Wellbeing	03007 906 828
Kooth	01305 367 051
Dorset Mind	01202 315 321
Samaritans	116123

For private counsellors and therapists see www.mind.org.uk for help then:
www.counselling-directory.org.uk, www.bacp.co.uk or babcp.com and type
postcode for lists of local counsellors and psychologists

Opticians

Robert Frith, 12 Bell Street	854761
Eyestyle, 56 High Street	854761
Harrolds, 49 High Street	851006

St John Ambulance

Badgers, Cadets and Adults, First Aid and Care training, Barton Hill, SP7 8DQ	851369
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Support Groups and Organisations

Blackmore Stroke Club, Charlton SP7 OPL, Tues Fortnightly 10.30 am - 2 pm	853428
Dorset Blind Association, Trinity Centre, Bimport SP7 8BW	07789 997 620
Happy Hearts Keep fit class, Youth Club, Coppice St. Tues 11-12/Fri 2.30-3.30	07969 909 162
Mental Health Peer Support, RB Legion Hall, 1st Thurs 2 pm - 4 pm	07749 062 327
Hope Project, mental health, learning disab. Etc. Hope2Cook, Grow, Cycle + Fibromyalgia, Chronic Pain and CFS/ME. Fortnightly 11.30-1.30, AVMC	851397 856700
Boobs Breast Cancer Awareness	07702 213 949
Gillingham and Shaftesbury Macular Support Group	822201
Parkinson's Group	0344 225 3694
Multiple Sclerosis Society	01935 863 718

Transport

Shaftesbury Car Link	07763 426 664
Dorset Patient Transport	03007 775 555
North Dorset Community Accessible Transport (NORDCAT)	01258 473 164
Accessible Taxis	07711 052 688

Veterans and Armed Forces

SSAFA	0800 731 4880
Royal British Legion	854765
RAFA	850898

See Also

nhs.uk/service-search

www.shaftesburydorset.com